

# SLATERS



SPECTATOR MEMO

DATE: SEPTEMBER 3<sup>RD</sup>, 2020

## **Game Day Action Plans**

### **General**

- Prior to each scrimmage or contest, the Athletic Trainer (preferred) or their adult designee will:
  - Collect each coach, player, team personnel, etc. "screening form".
    - Hard Copy or Electronic Copy
  - Perform a temperature check with a forehead or touchless thermometer.
    - Temperature greater than 100.4 for children and greater than 100 for individuals over the age of 18 is considered a fever.
  - Traveling school's representative will complete the "[Colonial League COVID-19 Travel Screening Verification Form](#)" and sign verifying all team personnel were screened and cleared.
  - Provide the Travel Screening Verification Form to the Team to take with them on the trip.
    - Upon arrival at the facility, the Head Coach will provide the Travel Screening Verification Form to the Host Athletic Trainer or their designee.
    - If schools have student-athletes or coaches not traveling with the team then it will be that student-athlete's responsibility to either bring their completed "school screening questionnaire form" or complete the host school's screening questionnaire form and present it to the host site Athletic Trainer and/or their designee. Upon submission, host site Athletic Trainer or their designee will perform the temperature check.
  - All PIAA referees will complete the "[Colonial League COVID-19 Questionnaire Screening Form](#)" prior to arriving at the facility. Upon arrival, they will turn the form into the athletic trainer or their designee. Upon submission, host site Athletic Trainer or their designee will perform the temperature check.
- LVHN is the proud sports medicine partner of The Colonial League and has provided the following "[Guidelines for Returning to Sport Competition](#)".

- The PIAA has also provided general and sport specific “[Return to Competition Guidelines](#)”
- While on sidelines, coaches and players MUST wear a face covering.
  - Players may remove face covering while actively engaged in the contest or pre-contest drills.
  - Coaches must wear a face covering anytime 6-foot social distancing cannot be achieved.
- Provide Hand Sanitizing Stations for both teams and referees.
- Provide Option(s) for Refilling Stations for both teams and referees.
  - If touchless cannot be provided, a single dedicated person should be placed in charge of refilling.
  - Traveling Teams should still bring their own supply of water and reserve water, but host sites may still need to provide traveling teams with the ability to refill their water if depleted.
- Post-Game handshakes / high fives are prohibited. As an alternative, line both teams up 10 yards apart facing each other and salute your opponents with your helmet, your sticks, or simple raise of the hand.
- Pregame Conference Procedures:
  - Limit conference to one official, head coach from each team, and single captain.
  - No handshakes.
  - Maintain social distancing throughout the conference.

#### **Spectators:**

- Updated guidance on September 2, 2020 from the Governor’s Office has removed the NO SPECTATOR language.
- All sporting events must adhere to the gathering limitations of 25 or fewer people for indoor events and 250 or fewer people for outdoor events.
  - The facility cannot exceed 50% of total occupancy otherwise permitted by law.
  - ALL individuals present at the facility count towards the gathering limitations.
  - See sport specific Spectator Plan below.
  - As gathering limitations are amended, the Colonial League will amend this plan to remain in compliance.
- All spectators will be required to wear a mask at all times unless the individual falls under an exception listed in [Section 3 of Universal Face Covering Order](#).
  - Individuals who cannot wear a mask due to a medical condition, including those with respiratory issues that impede breathing, mental health condition, or disability.
  - Individuals who are unable to remove a mask without assistance.
  - Individuals two (2) years of age and under.
  - Individuals who are communicating or seeking to communicate with someone who is hearing impaired or has another disability, where the ability to see the mouth is essential for communications.
- Household family members may sit in clusters closer than the social distancing standard of 6 feet.

- For “non -stadium” events, spectators/parents are encouraged to bring lawn chairs as bleacher seating may not allow for proper social distancing.
  - Schools may consider marking the grounds with spectator areas spaced out appropriately.
- Spectators should not enter the field of play or bench areas and must exit the facility immediately following the conclusion of the contest.
  - Meeting the teams as they come off the field will not be permitted.
- Limit cash transactions to the extent possible.
  - Find alternative ways to charge admission and pay for concessions
- If operating concession stands or distributing food, must adhere to [Guidance for Businesses in the Restaurant Industry](#).

### **Colonial League Plan for Spectator Management:**

- Field Hockey, Soccer, Golf, & Tennis
  - Monitor facility for compliance.
  - Parents/Siblings of student-athletes will be the only spectators permitted.
  - Exchange of money should be avoided according to the Governor’s Guidance.
    - Tickets Sales are discouraged.
- Volleyball
  - No spectators are permitted.
    - If Governor’s Order is amended to increase maximum number of individuals permitted at indoor events (25), this will be revised.
  - All games shall be livestreamed, whenever possible.
- Cross Country
  - No spectators permitted near the start or finish line.
  - Spectators permitted anywhere past the ¼ mile mark and prior to the end ¼ miles mark.
    - Schools will place a mark at these locations to help
    - Schools will update course maps with the spectator restricted zones clearly marked.

### **Cross Country**

- Varsity Boys max field =  $7 \times 9 = 63$  (each school enters 9 male runners)
- Varsity Girls max field =  $7 \times 9 = 63$  (each school enters 9 female runners)
- MS max field =  $7 \times 10 = 70$  (each school enters total of 10 MS runners regardless of gender)
- Organize each team by fastest runner to slowest runner to start the race.
- Starting Line
  - If possible, home facilities may provide a single starting line if runners can physically distance themselves from each other.
  - If schools cannot physically distance runners, aN “F1 - style” starting chute should be used.
    - Make starting chutes at least 6’ apart

- Place X, dot or cone in the middle of each chute
  - Moving away from starting line, place X, dot or cone 6' behind each mark
  - By school in each chute, best runner followed by 2nd best runner then follow
- Provide tables at the end of the course for athletes to place their drink containers.
  - Place the table at least 50 yards from the finish line.
  - Provide a table for each team.
- Encourage runners to move away from finish line
- Start each race as soon as possible
- Use electronic results. No printed copies

Starting Chute Recommendation

1	2	3	4	5	6	7	
X	X	X	X	X	X	X	Fastest
	← 6i →		↑ 6i ↓				
X	X	X	X	X	X	X	2nd Fast
X	X	X	X	X	X	X	3rd Fast
X	X	X	X	X	X	X	4th Fast
X	X	X	X	↑ 6i ↓	X	X	5th Fast
X	X	X	X	X	X	X	6th Fast
X	X	X	X	X	X	X	7th Fast

## Field Hockey

- Replace benches with folding chairs - place on sideline 6 feet apart or clearly mark 6 feet on current benches. Provide additional benches if necessary
- No locker room usage
- Pregame Conference:
  - Limit attendees to one official, the head coach from each team, and a single captain from each team.
  - Move the location of the pregame conference to the center of the field. All individuals should maintain a social distance of 6 feet during the conference.
  - Suspend handshakes prior to and following the Pregame Conference.
- Team Benches:
  - Team areas may be expanded to promote social distancing.
  - Encourage bench personnel to observe social distancing of 6 feet.
- Ball Runners:
  - Encourage social distancing of 6 feet. When possible, additional game balls may be placed around the outside of the field to limit contact with the ball. Ball holders are encouraged to use their feet or wear gloves to return balls to designated areas or field players.
- Substitution Procedures:
  - Maintain social distancing of 6 feet between the substitute, officials and/or teammate(s) by encouraging substitutions to occur closer to the center line.
- Scorer's Table:

- Limited to essential personnel which includes home team scorer and timer with a recommended distance of 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.
- If a team member is carded, it is recommended to mark a location of where the individual is to stand that is socially distant from the officials' table.
- Other:
  - Players choosing to use a penalty corner mask should not share their mask with other individuals.
  - No pregame introduction lines. Players should report to positions for introductions.
  - No water bottles on the field of play.
  - All huddle and meetings should be off the playing surface whenever possible and should be socially distant.
  - No post game shaking hands.
  - Face coverings, gloves, and goggles are permitted.
  - Long sleeves and long pants are permitted.
  - Undergarments are permitted but must be of a similar length for the individual and a solid team color.
  - Social distancing guidelines should be applied when officials are interacting with coaches and student-athletes (ex. penalties or carding).

## **Soccer**

- Limit pregame conference attendees to head referee or center referee, the head coach from each team, and a single captain from each team.
- Move the location of the pregame conference to the center of the field. All individuals should maintain a social distance of 6 feet.
- No handshakes prior to and following the Pregame Conference.
- Additional game balls may be placed around the outside of the field to limit contact with the ball.
  - Ball holders are encouraged to use their feet or wear gloves to return balls to designated areas or field players.
- Team areas may be expanded to promote social distancing.
  - Replace benches with folding chairs - place on sideline 6 feet apart or clearly mark 6 feet on current benches
- Maintain social distancing of 6 feet between the substitute, officials and/or teammate(s) by encouraging substitutions to occur closer to the center line.
- Limit scorer's table to essential personnel who includes home team scorer and timer with a recommended distance of 6 feet between individuals.
  - Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.
- No pregame world cup introduction line. No pre-half team huddles on the field.
  - Send players to their field positions with bench personnel lined up on the touch line (6 feet apart) for introductions.

- Water bottles are discouraged on the field of play and should be used off the playing surface.
  - Goalkeepers are encouraged to keep a water bottle behind the net for the purpose of wetting their gloves rather than spitting.
- Coaches are encouraged to hold pre-game, half-time and post-game meetings socially distant and off the playing surface, where possible.
- No post game shaking hands.
- Cloth face coverings and gloves are permitted.
- Long sleeves and long pants are permitted.
- Under garments are permitted but must be of a similar length for the individual and a solid team color.
- Referees should use social distancing guidelines during the contest for officials when interacting with coaches and student-athletes (ex. penalties or carding).

### **Girls Volleyball**

- Limit pre-match conference to the first referee, head coach, and one captain from each team.
- Move the location of the pre-match conference to center court with one coach and one referee positioned on each side of the net. All four individuals should maintain a social distance of 6 feet.
- Suspend roster submission at the pre-match conference. Rosters should be submitted directly to the officials' table before the 10-minute mark.
- Suspend the protocol of teams switching sides/benches between sets.
- Home team will select their bench prior to the match and remain on the same side for the duration of the match.
- Team areas may be expanded to promote social distancing outside of playable areas.
- Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 6 feet. A coin toss, called by the home team, will decide to serve/receive.
- Maintain social distancing of 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.
- Limit scorer's table to essential personnel (which includes home team scorer, libero tracker and timer), with a recommended distance of 6 feet between individuals.
  - Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.
- No handshakes before or after the match.
- Cloth face coverings and gloves are permitted.
- Long sleeves and long pants are permitted.
- Long pants are permitted.
- Under garments are permitted, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom.

- Use of a three-ball rotation system should be considered for matches. This would allow for periodic sanitation of the balls.

## Football

- Football
  - Varsity
    - Without calculating spectators, a host site will already be close to the 250 maximum thresholds based on home team, visiting team, home cheerleaders, home marching band, event staff, media, medical staff, security, administrators, etc.
    - Only the host school spectators will be permitted and will be managed by the host site.
      - Visiting team fans will not be permitted.
    - The League will create a Google Document where all schools can enter their total numbers for their travel roster, not to exceed 60.
      - Travel Roster totals must include all coaches, players, managers, ball boys, medical staff, event staff, etc.
    - All contests will be Live Streamed.
    - Exchange of money should be avoided according to the Governor's Guidance.
      - Tickets Sales are discouraged.
  - Sub-Varsity
    - Parents/Siblings of student-athletes will be the only spectators permitted.
    - Exchange of money should be avoided according to the Governor's Guidance.
      - Tickets Sales are discouraged.
- Communicate with opponent school and referees prior to the contest.
  - Secure information you need as a host site.
  - Provide information regarding procedures set in place according to the host site safety plan.
- Each school should complete the Colonial League Google Doc entering total number of individuals on your travel roster.
- Use a template to make sure you are at or under 250
- Travel rosters (coaches, players, managers, athletic trainers, etc.) should not exceed 60 individuals.
- Replace benches with folding chairs - place on sideline 6 feet apart or clearly mark 6 feet on current benches.
- Visiting Teams should come dressed.
- Lockers Rooms will NOT be available for Visiting Teams.

- If possible, provide for a tent outside the field of play for pre-game/halftime in case of inclement weather. Run all games like you would MS/JV.
  - If lightning or strong storms, locker rooms should be opened for shelter.
- If the decision is to use locker rooms:
  - No more than 5 in the locker room at a time.
  - Showering will not be permitted.
- Place cones on the sideline 6 feet apart.
  - Each team responsible for bringing and placing cones.
- A ball disinfecting crew, supervised by the Athletic Trainer or an Adult Coach, should be assigned by each team for each sideline. Referees will rotate the balls for disinfecting based on their judgment.
  - Each team is responsible for providing the crew, the towels, and the disinfectant.
  - Those disinfecting should wear gloves and a face covering.
- Team Box extended to the 10-yard line for players only. Coaches must remain in the traditional team box.
- Mouthguards should be kept in for the duration of the contest. If the mouthguard is removed, it should be properly disinfected prior to replacing in the mouth.
- Face coverings must be worn by everyone on the sideline.
  - If spit shields are installed on the facemask, so long as the helmet stays on, face covering is not necessary for players on the sideline.
- Charged time-outs and time between quarters may be extended to two (2) minutes to allow more time for hydration.
  - To promote social distancing, the time-out conferences can be held between the 9-yard marks and not the sideline. It is permissible for more than one coach to be on the field for this conference and technology be used.
- Huddles should be minimized whenever possible. The use of signals, cards, signs, etc. to minimize grouping is encouraged.
- Each player should have their own drinking vessel, clearly labeled with their name.
- Continue to work together to allow for Homecoming festivities and Senior Nights to occur.

## BANGOR HOME FOOTBALL GAMES

- Essential Workers: 35
- Band – Staff – Seniors: 76 – 4 – 26
- Football – Staff – Seniors 40 – 9 – 11
- Cheering – Seniors 14 – 4
- Away School 60
- **Band Performs** 5:40 – 5:55 (1 bus from BHS)
  - Senior Band Parents – each senior band member will be given 2 passes for each home game performance



- After “halftime show” parents leave the stadium – half the band (roughly 40-45) stay to perform for the first half – half goes to the pavilion. These groups will switch at halftime
  - Band Senior Night – Friday, September 16, 2020 – At the competition of the game, the band & parents will enter the stadium for their senior night.
- **Football Team**
    - Team Warms-Up at BHS – Depart for Park (2 buses) 5:45 PM
    - Visiting Team – start warm-up on baseball field
    - 6:00 – Band / Parents exit – teams come on the field
    - Each football / cheering senior gets 2 passes for each home game
    - Officials’ Meeting – 6:45    Game – 7:05
    - Senior Night – Friday, October 9, 2020

Respectfully,

*Bron F. Holland*

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